



CtK exists to connect all people to the life-giving message of Jesus, as we experience God, find freedom, discover purpose, and make a difference in our world.

Freedom!

Week 2—Freedom in the Present

Day 11—August 14, 2019

Freedom in Choices

Rejoice in the Lord always; again, I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

Philippians 4:4-9

Most Holy Father, thank you for sending Jesus to bring us freedom through His gift of salvation, and for the Holy Spirit who gives us strength to choose to obey and follow You.

Today, I say “Yes, Lord!” I choose to rejoice—not because everything is happy, but because you are my source of joy. I choose to trust you, my all-powerful, all-present and all-loving God, when all does not go well—and express that trust by coming to you in prayer—and praying to you in all sorts of ways, rather than worrying about it. I choose what to think about—thinking about only what is truth, honor, justice, purity, love, valuable, excellent and praiseworthy. Keep my mind on these things. I choose to put into practice those lessons you are teaching me from Your Word and my thinking on it.

To make these choices, I depend on You, Father, Son and Holy Spirit. Be my source of peace, as a guard over my heart and mind, and may I walk in your presence today, the God of Peace. Praise you, Lord! May it be so, in my life today. AMEN.

Paul Clark

