



CtK exists to connect all people to the life-giving message of Jesus, as we experience God, find freedom, discover purpose, and make a difference in our world.

Freedom!

Week 1—Freedom from the Past

Day 6—August 9, 2019

Freedom from Regret

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.

Galatians 5:1 (ESV)

Father God, thank You for the freedom that I have in Christ. His sacrificial death has given me the gift of freedom, and I accept it. I can look forward to eternal life with you, as the price for my sin has been paid for by the precious blood of Christ. My sins are removed—as far as the east is from the west! I do not have to live in regret of my past—it is forgiven; paid for by the blood of Christ.

Knowing this, help me to stand firm. I am free from the bondage of trying to earn my way to You. I do not have to struggle to live with a list of “do’s and don’ts.” Your Spirit, given to me with Christ’s salvation, enables me to live in freedom. I can walk with the Spirit’s leading and live in the knowledge of His direction.

I choose to not be bogged down with regret of the past. I choose to live in freedom, knowing that my sins are paid for, and I will live eternally with You. This is freedom! No regret! Freedom—in You. Amen.

Karen Clark